

2008 FAIRFAX COUNTY YOUTH SURVEY OF 6th GRADE STUDENTS

Thank you for agreeing to participate in this study. These questions ask your opinion about a number of things concerning you, your friends, your family, your neighborhood, and your community.

All of your answers will be kept strictly confidential. This means your answers are secret. This survey is completely voluntary. You can skip any questions that you do not want to answer.

Be sure to read the instructions below before you begin.

Thank you very much.

INSTRUCTIONS

1. This is not a test, so there are no right or wrong answers.
2. All of the questions should be answered by marking one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank.
3. Your answers will be read automatically by a scanner and computer. Please follow these instructions carefully.
4. For questions that have the following answers: NO!! no yes YES!!

Mark the big **YES!!** if you think the statement is DEFINITELY TRUE for you.

Mark the little **yes** if you think the statement is MOSTLY TRUE for you.

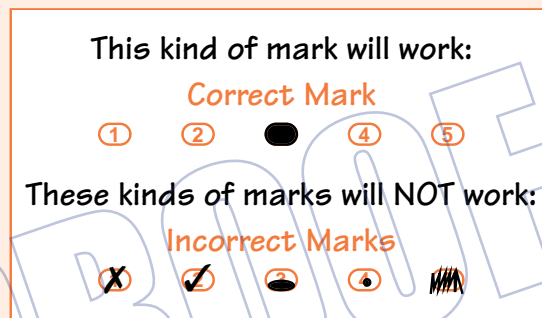
Mark the little **no** if you think the statement is MOSTLY NOT TRUE for you.

Mark the big **NO!!** if you think the statement is DEFINITELY NOT TRUE for you.

Example: Chocolate is the best ice cream flavor.

☐ NO!! ☐ no ☐ yes ☒ YES!!

- a. Use a No. 2 pencil or a blue or black pen only.
- b. Do not use pens with ink that soaks through the paper.
- c. Make solid marks that fill the response completely.
- d. Make no stray marks on this form.



These questions ask for some general information about the people completing the survey. Please mark the response that best describes you.

1. How old are you?

- ☐ 10 or younger
- ☐ 11
- ☐ 12
- ☐ 13
- ☐ 14 or older

2. What grade are you in?

- ☐ 5th
- ☐ 6th
- ☐ 7th

3. Are you: ☐ Female ☐ Male

4. What do you consider yourself to be?

Select ONE only.

- ☐ Hispanic
- ☐ Not Hispanic

5. What do you consider yourself to be?

Select ONE OR MORE.

- ☐ American Indian or Alaskan native
- ☐ Asian
- ☐ Black or African-American
- ☐ Native Hawaiian or other Pacific Islander
- ☐ White

6. Think of where you live most of the time. Which of the following people live there with you?

Choose ALL that apply.

- ☐ Mother
- ☐ Sister(s)
- ☐ Father
- ☐ Brother(s)
- ☐ Stepmother
- ☐ Stepsister(s)
- ☐ Stepfather
- ☐ Stepbrother(s)
- ☐ Grandmother(s)
- ☐ Other children
- ☐ Grandfather(s)
- ☐ Foster parent
- ☐ Other adults

7. What language do you use most often at home?

- ☐ English
- ☐ Spanish
- ☐ Another Language

The next section asks about your experiences at school.

8. Putting them all together, what were your grades like last year?

- ☐ Mostly Fs
- ☐ Mostly Bs
- ☐ Mostly Ds
- ☐ Mostly As
- ☐ Mostly Cs

9. My teacher notices when I am doing a good job and lets me know about it.

- ☐ NO!!
- ☐ no
- ☐ yes
- ☐ YES!!

10. I feel safe at my school.

- ☐ NO!!
- ☐ no
- ☐ yes
- ☐ YES!!

11. The school lets my parents know when I have done something well.

- ☐ NO!!
- ☐ no
- ☐ yes
- ☐ YES!!

12. My teachers praise me when I have done well in school.

- ☐ NO!!
- ☐ no
- ☐ yes
- ☐ YES!!

13. Are your school grades better than the grades of most students in your class?

- ☐ NO!!
- ☐ no
- ☐ yes
- ☐ YES!!

14. How often do you feel that the school work you are assigned is meaningful and important?

- ☐ Never
- ☐ Often
- ☐ Seldom
- ☐ Almost always
- ☐ Sometimes

15. How interesting are most of your classes to you?

- ☐ Very interesting
- ☐ Slightly dull
- ☐ Quite interesting
- ☐ Very dull
- ☐ Fairly interesting

16. How important do you think the things you are learning in school are going to be for you later in life?

- ☐ Very important
- ☐ Slightly important
- ☐ Quite important
- ☐ Not at all important
- ☐ Fairly important

Now thinking back over the past year in school, how often did you:

17....enjoy being in school?

- ☐ Never
- ☐ Often
- ☐ Seldom
- ☐ Almost always
- ☐ Sometimes

18....try to do your best work in school?

- ☐ Never
- ☐ Often
- ☐ Seldom
- ☐ Almost always
- ☐ Sometimes

The next two questions ask about safety.

19. How many times have you ridden in a car or other vehicle without wearing a seatbelt?
- ☐ Never
 - ☐ Done it, but not in the past year
 - ☐ Less than once a month
 - ☐ About once a month
 - ☐ Two or three times a month
 - ☐ Once a week or more
20. Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol?
- ☐ Yes ☐ No ☐ Not sure

The next section asks about how you spend your time after school.

How many times have you:

- 21....participated in school or non-school extracurricular activities (i.e., sports, 4-H, Boys and Girls Club, Pep Club, etc.)?
- ☐ Never
 - ☐ I've done it, but not in the past year
 - ☐ Less than once a month
 - ☐ About once a month
 - ☐ Two or three times a month
 - ☐ Once a week or more
- 22....volunteered to do community service?
- ☐ Never
 - ☐ I've done it, but not in the past year
 - ☐ Less than once a month
 - ☐ About once a month
 - ☐ Two or three times a month
 - ☐ Once a week or more

This question asks about violence.

During the past year, how many times have you:

- 23....bullied, taunted, ridiculed, or teased someone?
- ☐ Never
 - ☐ It's happened, but not in the past year
 - ☐ A few times in the past year
 - ☐ About once a month
 - ☐ Two or three times a month
 - ☐ Once a week or more
 - ☐ Every day
- 24....been bullied, taunted, ridiculed, or teased by someone else?
- ☐ Never
 - ☐ It's happened, but not in the past year
 - ☐ A few times in the past year
 - ☐ About once a month
 - ☐ Two or three times a month
 - ☐ Once a week or more
 - ☐ Every day

The next section asks what you think about tobacco, alcohol, and other drug use.

How wrong do you think it is for someone your age to:

- 25....drink beer, wine, or hard liquor (for example, vodka, whiskey or gin) regularly (at least once or twice a month)?
- ☐ Very wrong
 - ☐ Wrong
 - ☐ A little bit wrong
 - ☐ Not wrong at all
- 26....smoke cigarettes?
- ☐ Very wrong
 - ☐ Wrong
 - ☐ A little bit wrong
 - ☐ Not wrong at all
- 27....smoke marijuana?
- ☐ Very wrong
 - ☐ Wrong
 - ☐ A little bit wrong
 - ☐ Not wrong at all

How much do you think people risk harming themselves (physically or in other ways) if they:

- 28....smoke one or more packs of cigarettes per day?
- ☐ No risk
 - ☐ Slight risk
 - ☐ Moderate risk
 - ☐ Great risk
- 29....try marijuana once or twice?
- ☐ No risk
 - ☐ Slight risk
 - ☐ Moderate risk
 - ☐ Great risk
- 30....smoke marijuana regularly?
- ☐ No risk
 - ☐ Slight risk
 - ☐ Moderate risk
 - ☐ Great risk
- 31....take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?
- ☐ No risk
 - ☐ Slight risk
 - ☐ Moderate risk
 - ☐ Great risk

The next section asks about your experiences with tobacco, alcohol, and other drugs.

32. Have you ever smoked cigarettes?
- ☐ Never
☐ Once or twice
☐ Once in a while but not regularly
☐ Regularly in the past
☐ Regularly now
33. How often have you smoked cigarettes during the past 30 days?
- ☐ Not at all
☐ Less than one cigarette per day
☐ One to five cigarettes per day
☐ About one-half pack per day
☐ About one pack per day
☐ More than one pack per day
34. Have you ever, even once in your lifetime, had more than a sip or two of beer, wine, or hard liquor?
- ☐ Yes ☐ No
35. During the past 30 days, on how many days did you drink beer, wine, or hard liquor?
- ☐ None ☐ 6-9 days
☐ 1-2 days ☐ 10 or more days
☐ 3-5 days
36. Have you ever, even once in your lifetime, smoked marijuana?
- ☐ Yes ☐ No
37. During the past 30 days, on how many days did you use marijuana?
- ☐ None ☐ 6-9 days
☐ 1-2 days ☐ 10 or more days
☐ 3-5 days
38. Have you ever, even once in your lifetime, sniffed glue, breathed (huffed) the contents of an aerosol spray can, or inhaled other gases or sprays in order to get high?
- ☐ Yes ☐ No
39. During the past 30 days, on how many days did you sniff glue, breathe (huff) the contents of an aerosol spray can, or inhale other gases or sprays in order to get high?
- ☐ None ☐ 6-9 days
☐ 1-2 days ☐ 10 or more days
☐ 3-5 days
40. Have you ever, even once in your lifetime, used other illegal drugs (not counting alcohol, tobacco, or marijuana)?
- ☐ Yes ☐ No

41. During the past 30 days, on how many days did you use other illegal drugs (not counting alcohol, tobacco, or marijuana)?
- ☐ None ☐ 6-9 days
☐ 1-2 days ☐ 10 or more days
☐ 3-5 days

These questions ask about the neighborhood and community where you live.

How easy or hard would it be for you to get:

42. ...beer, wine or hard liquor (for example, vodka, whiskey or gin)?
- ☐ Very hard ☐ Sort of easy
☐ Sort of hard ☐ Very easy
43. ...some cigarettes?
- ☐ Very hard ☐ Sort of easy
☐ Sort of hard ☐ Very easy
44. ...drugs like cocaine, LSD, or amphetamines?
- ☐ Very hard ☐ Sort of easy
☐ Sort of hard ☐ Very easy
- 45.. ...some marijuana?
- ☐ Very hard ☐ Sort of easy
☐ Sort of hard ☐ Very easy
46. My neighbors notice when I am doing a good job and let me know about it.
- ☐ NO!! ☐ no ☐ yes ☐ YES!!
47. There are people in my neighborhood, or the area around where I live, who are proud of me when I do something well.
- ☐ NO!! ☐ no ☐ yes ☐ YES!!
48. There are people in my neighborhood, or the area around where I live, who encourage me to do my best.
- ☐ NO!! ☐ no ☐ yes ☐ YES!!

The next few questions ask about your family. When answering these questions please think about the people you consider to be your family; for example, parents, stepparents, grandparents, aunts, uncles, etc.

49. My parents notice when I am doing a good job and let me know about it.
- ☐ Never or almost never
☐ Sometimes
☐ Often
☐ All the time
50. My parents ask me what I think before most family decisions affecting me are made.
- ☐ NO!! ☐ no ☐ yes ☐ YES!!

51. How often do your parents tell you that they are proud of you for something you have done?

- ☐ Never or almost never
☐ Sometimes
☐ Often
☐ All the time

Do you enjoy spending time with

52. ...your mother?

- ☐ NO!! ☐ no ☐ yes ☐ YES!!

53. ...your father?

- ☐ NO!! ☐ no ☐ yes ☐ YES!!

54. If I had a personal problem, I could ask my mom or dad for help.

- ☐ NO!! ☐ no ☐ yes ☐ YES!!

55. My parents give me lots of chances to do fun things with them.

- ☐ NO!! ☐ no ☐ yes ☐ YES!!

56. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.

- ☐ 0 days ☐ 2 days ☐ 4 days ☐ 6 days
☐ 1 day ☐ 3 days ☐ 5 days ☐ 7 days

57. During the past year, on how many sports teams did you play?

Include any teams run by your school or community groups.

- ☐ 0 teams ☐ 2 teams
☐ 1 team ☐ 3 or more teams

During the past 7 days, how many times did you:

58. ...eat fruit? *Do not count fruit juice.*

- ☐ Not at all during the past 7 days
☐ 1 to 3 times during the past 7 days
☐ 4 to 6 times during the past 7 days
☐ 1 time per day
☐ 2 times per day
☐ 3 times per day
☐ 4 or more times per day

59. ...eat vegetables?

- ☐ Not at all during the past 7 days
☐ 1 to 3 times during the past 7 days
☐ 4 to 6 times during the past 7 days
☐ 1 time per day
☐ 2 times per day
☐ 3 times per day
☐ 4 or more times per day

60. ...drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite)? *Do not include diet soda or diet pop.*

- ☐ Not at all during the past 7 days
☐ 1 to 3 times during the past 7 days
☐ 4 to 6 times during the past 7 days
☐ 1 time per day
☐ 2 times per day
☐ 3 times per day
☐ 4 or more times per day

61. During the past 7 days, how many glasses of milk did you drink? *Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.*

- ☐ I did not drink milk during the past 7 days
☐ 1 to 3 glasses during the past 7 days
☐ 4 to 6 glasses during the past 7 days
☐ 1 glass per day
☐ 2 glasses per day
☐ 3 glasses per day
☐ 4 or more glasses per day

62. How honest were you in filling out this survey?

- ☐ I was very honest
☐ I was honest pretty much of the time
☐ I was honest some of the time
☐ I was honest once in a while

This is the end of the survey.
Thank you for participating.

PROOF